

KIDDI'S MENU

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Porridge, Rice Krispies® or Whole Wheat Breakfast Cereal & Brown & White Toast				
Morning Snack	Apple & Pasta	Pear & Cheese Whirls	Banana & Crackers	Melon & Cookie	Grapes & Bread
Lunch	Beef Cottage Pie with Carrots & Peas	Turkey Roast with Roast Potatoes, Broccoli & Swede	Macaroni Cheese with Hidden Chick Peas & Green Beans	Chicken Korma with Rice & Mixed Veg	Salmon Fillets in Smartcrumb with Root Mash & Parsley Sauce
Veggie Option	Veggie Cottage Pie with Carrots & Peas	Quorn™ Dippers with Roast Potatoes, Broccoli & Swede	Macaroni Cheese with Hidden Chick Peas & Green Beans	Veggie Lentil Korma with Mixed Veg	Veggie Fingers with Root Mash & Parsley Sauce
Dessert	Banana & Custard	Bread & Butter Pudding with Cream	Coconut Sponge & Custard	Plain Yoghurt with Fruit Purée	Fudge Tart
Afternoon Snack	A Selection of Fruit & Veg which may include Apple, Pear, Orange, Banana & Grapes; Carrots, Celery, Cucumber & Peppers				
Afternoon Tea	Veggie Scotch Broth with Pearl Barley Flapjack	Tuna Mayo Wrap with Carrot & Cucumber Sticks Fairy Cakes	Ham, Cucumber & Tomato Rolls Orange	Jacket Potato with Beans Chocolate Cornflake Cakes	Crackers & Cheese with Salad Pears



Please note: These are sample menus and are subject to change

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Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Porridge, Rice Krispies® or Whole Wheat Breakfast Cereal & Brown & White Toast				
Morning Snack	Melon & Cookie	Grapes & Breadsticks	Apple & Pitta	Pear & Cheese Whirls	Banana & Pasta
Lunch	Potato & Veg Gratin with Mixed Veg	Sausage Casserole with New Potatoes, Carrots & Peas	Chicken Chow Mein with Macedoine Veg	Tuna & Sweetcorn Pasta with Broccoli	Roast Beef with Roast Potatoes, Green Beans & Swede
Veggie Option	Potato & Veg Gratin with Mixed Veg	Quorn™ Sausage Casserole with New Potatoes, Carrots & Peas	Veggie Chow Mein	Quorn™ & Sweetcorn Pasta with Broccoli	Bean Cakes with Roast Potatoes, Green Beans & Swede
Dessert	Fruit Cobbler with Whipped Cream	Macaroni Pudding	Jam Sponge with Custard	Fruit Jelly with Ice Cream	Fruit Purée with Yoghurt
Afternoon Snack	A Selection of Fruit & Veg which may include Apple, Pear, Orange, Banana & Grapes; Carrots, Celery, Cucumber & Peppers				
Afternoon Tea	Salmon & Mayo Wraps with Veg Sticks Orange	Veggie Ravioli & Toast Muffin	Bacon & Sweetcorn Chowder Banana	Hot Quiche & Beans Muesli Slice	Pitta Bread with Turkey & Salad Apple



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Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Porridge, Rice Krispies® or Whole Wheat Breakfast Cereal & Brown & White Toast				
Morning Snack	Pear & Crackers	Banana & Ginger Biscuits	Grapes & Pitta	Apple & Cheese Whirls	Melon & Bread
Lunch	Salmon Thai Curry with Rice & Veg	Chicken, Tomato & Herb Pasta Baked with Hidden Spinach	Roast Lamb with Roast Potatoes, Green Beans & Carrots	Veggie Moussaka with Mixed Veg	Turkey & Veg Pie with New Potatoes & Broccoli
Veggie Option	Butternut Squash & Red Pepper Thai Curry	Tomato, Lentil & Herb Pasta Bake	Quorn™ Fillets with Roast Potatoes, Green Beans & Carrots	Veggie Moussaka with Mixed Veg	Quorn™ & Veg Pie with New Potatoes & Broccoli
Dessert	Chocolate Sponge & Custard	Apple Sponge Tart & Custard	Fruit Purée & Yoghurt	Rice Pudding with Fruit	Fruit Salad & Crème Fraiche
Afternoon Snack	A Selection of Fruit & Veg which may include Apple, Pear, Orange, Banana & Grapes; Carrots, Celery, Cucumber & Peppers				
Afternoon Tea	French Stick Pizza Pear	Jacket Potato with Cheese Orange	Sausage in a Roll Cup Cake	Chunky Minestrone Soup Cookie	Tuna & Cucumber Sandwich Fruit Muffin



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Week Four	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Porridge, Rice Krispies® or Whole Wheat Breakfast Cereal & Brown & White Toast				
Morning Snack	Banana Bread	Melon & Pasta	Pear & Bread Sticks	Grapes & Biscuits	Apple & Cheese Whirls
Lunch	Pork with Roast Potatoes, Green Beans & Swede	Haddock, New Potatoes, Carrots with Tomato Herb Sauce	Beef Lasagne & Salad	Lamb Shepherd's Pie, Peas & Swede	Ratatouille & Couscous
Veggie Option	Veg & Lentil Bake	Quorn™ Fillet, New Potatoes, Carrots with a Herb & Tomato Sauce	Veggie Mince Lasagne with Salad	Veg & Bean Shepherd's Pie	Ratatouille & Couscous
Dessert	Peaches & Ice Cream	Apple Strudel & Custard	Fruit Yoghurt	Semolina	Fruit Sponge & Custard
Afternoon Snack	A Selection of Fruit & Veg which may include Apple, Pear, Orange, Banana & Grapes; Carrots, Celery, Cucumber & Peppers				
Afternoon Tea	Salmon Salad Rolls Pear Tart	Butternut Squash Chowder with Pitta Strips Fairy Cakes	Chicken Wraps & Veg Sticks Orange	Spaghetti Hoops with Bread & Butter Muffin	Cauliflower & Broccoli Macaroni Bake Banana



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Week Five	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Porridge, Rice Krispies® or Whole Wheat Breakfast Cereal & Brown & White Toast				
Morning Snack	Grapes & Bread	Apple & Pasta	Melon & Cheese Whirls	Pear & Cracker	Banana & Cookie
Lunch	Butternut Squash, Lentil Rice Bake with Peas	Beef & Veg Stew with Dumplings & Shredded Cabbage	Tuna & Sweetcorn Potato Pie with Mixed Veg	Roast Chicken with Roast Potatoes, Green Beans & Swede	Ham & Tomato Spinach Pasta Bake with Garlic Bread
Veggie Option	Butternut Squash, Lentil Rice Bake with Peas	Root Veg Stew with Dumplings & Shredded Cabbage	Red Pepper & Sweetcorn Potato Pie with Mixed Veg	Quorn™ Fillet with Roast Potatoes, Green Beans & Swede	Butterbean & Tomato Spinach Pasta Bake with Garlic Bread
Dessert	Apple Crumble & Custard	Baked Pineapple with Ice Cream	Bananas with Custard	Yoghurt with Fruit Purée	Pear Sponge & Custard
Afternoon Snack	A Selection of Fruit & Veg which may include Apple, Pear, Orange, Banana & Grapes; Carrots, Celery, Cucumber & Peppers				
Afternoon Tea	Salmon Frittata Pear	Jacket Potatoes with Cheese Cup Cake	Pasta Bake Orange	Veggie Chili Wraps Bread Pudding	Creamy Veg Chowder Muesli Slice



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